## Primary Health Care Services for Children and Youth in Canada: Access, Quality and Structure

Appendix 1 to module page 5.1.2: Vision Screening and Optometric Practices for Children across Canada, by Province and Territory (January 2013)

P/T	Public HealthFunded Vision Screening	Other/Voluntary (non-universal) Screening	Optometric Coverage
NL	<ul> <li>Eye alignment and motility, visual acuity (VA), stereopsis, Sheridan-Gardner, coveruncover test, corneal light reflexes</li> <li>Public health nurses</li> <li>3 years, 9 months to 4 years, 4 months of age 1,3,4,5</li> </ul>		
PE	<ul> <li>Comprehensive vision health history, brief vision history, external inspection, pupillary examination/light response, observation for alignment, corneal light reflex, cover-uncover test, distance visual acuity, stereopsis, Frisby stereotest, LEA symbols</li> <li>Public health nurses</li> <li>Vision screening done from birth to 4.5 years of age (age 2m, 4m, 6m, 12m, 15m, 18m, 4-4.5 years) 1,3,4,5</li> </ul>		
NS	<ul> <li>Visual acuity testing, stereopsis</li> <li>Public health nurses</li> <li>4.5 to 5.5 years of age <sup>1,3,4,5</sup></li> </ul>		<ul> <li>Comprehensive Eye Examination (CEE), every two years for children under 10 years of age</li> <li>CEE exams payable once a year for persons with chronic conditions or using medications affecting vision</li> <li>Partial assessments available for diagnostics and treatment for select ocular conditions <sup>2,3</sup></li> </ul>
NB	<ul> <li>Visual inspection of the eyes, visual acuity, stereopsis, Randot, HOTV tests</li> </ul>		• Services covered for children on social assistance <sup>2,3</sup>

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<ul> <li>Public health nurses</li> <li>3.5 years of age <sup>1,3,4,5</sup></li> </ul>		
QC	• Screening among kindergarten children performed by public health nurses or family physician <sup>3,4</sup>	<ul> <li>Coverage available for children ages         <ul> <li>to 17 years for eye exams,</li> <li>tonometry/ biomicroscopy, visual field test</li> </ul> </li> <li>Diagnostic services covered for ocular emergencies <sup>2,3</sup></li> </ul>
ON	<ul> <li>Red reflex, corneal light reflex, coveruncover test.</li> <li>Vision screening conducted as part of 18-month well-baby visit by primary care providers, and subsequent testing annually between ages of 2 to 5 years.</li> <li>ESEL piloted in select regions in 2009 &amp; 2010. 3,4,5</li> </ul>	<ul> <li>Basic eye examination covered annually for children and youth under 20 years of age.</li> <li>Partial assessments available as needed for insured patients <sup>2,3</sup></li> </ul>
MB	• ESEL program launched as a pilot in 2008 in select school districts as initiative to encourage parents to have their children examined by an optometrist in Kindergarten 4	• Complete & partial eye examinations, full threshold visual fields, tonometry and dilated fundus exams are covered every two years for children and youth under 19 years of age <sup>2,3</sup>
SK	<ul> <li>Public health nurses recommend examination by an optometrist during routine well-child and immunization visits</li> <li>ESEL program piloted in select school districts as initiative to encourage parents to have their children examined by an optometrist before starting Kindergarten <sup>3,4</sup></li> </ul>	• Annual eye exams covered for children and youth under age 18; partial and repeat exams covered. Coverage is provided for initial and follow-up of ocular emergencies <sup>2,3</sup>
AB	• ESEL program launched in 2003, encouraging parents to have children examined by an optometrist prior to starting kindergarten. <sup>3,4,5</sup>	• Routine and partial eye exams, and procedures based on clinical needs are covered for youth under the age of 19. <sup>2,3</sup>

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BC	<ul> <li>SureSight vision screeners, preschool Randot stereotest, HOTV charts</li> <li>Public health nurses</li> <li>4 to 5 years of age <sup>1</sup></li> </ul>	• Initiative underway to transition from current kindergarten screening program to pre-school <i>a-b-See</i> program; intention to provide universal coverage for 3 year olds. <sup>4</sup>	<ul> <li>Annual routine eye exams covered for children and youth under 19 years of age</li> <li>Services based on clinical needs, i.e. trauma, ocular diseases, conditions or medications affecting vision are fully covered <sup>2,3</sup></li> </ul>
YT	<ul> <li>Eye motility, visual acuity, stereopsis tests</li> <li>Public health nurses, primary care nurses</li> <li>Pre-kindergarten children <sup>1</sup></li> </ul>		
NT	<ul> <li>Visual acuity, illiterate E test/ symbol chart, stereopsis, corneal light reflex, cover-uncover</li> <li>Public health nurses</li> <li>Pre-school children <sup>1,3,5</sup></li> </ul>		Note: No optometrists practice in NT <sup>1</sup>
NU		<ul> <li>Light reflex, visual acuity test</li> <li>Public and community health nurses</li> <li>Children ages 4 to 6 years <sup>3,4,5</sup></li> </ul>	Note: No optometrists practice in NU <sup>1</sup>

ESEL=Eye See.... Eye Learn Program

## **Sources for table:**

- 1. Mema SC, McIntyre L, Musto R. Childhood vision screening in Canada: Public health evidence and practice. Canadian Journal of Public Health 2012;103(1):40-5.
- 2. Canadian Association of Optometrists. Provincial health coverage of optometric care. March 2012.
- 3. Muzychka M. Environmental scan of vision health and vision loss in the provinces and territories of Canada. 2009.
- 4. Institute of Health Economics. The safety and effectiveness of preschool vision screening. Edmonton AB: Institute of Health Economics; 2012.
- 5. Dunfield L, Keating T. Preschool vision screening [Technology Report number 73]. Ottawa: Canadian Agency for Drugs and Technologies in Health; 2007.