

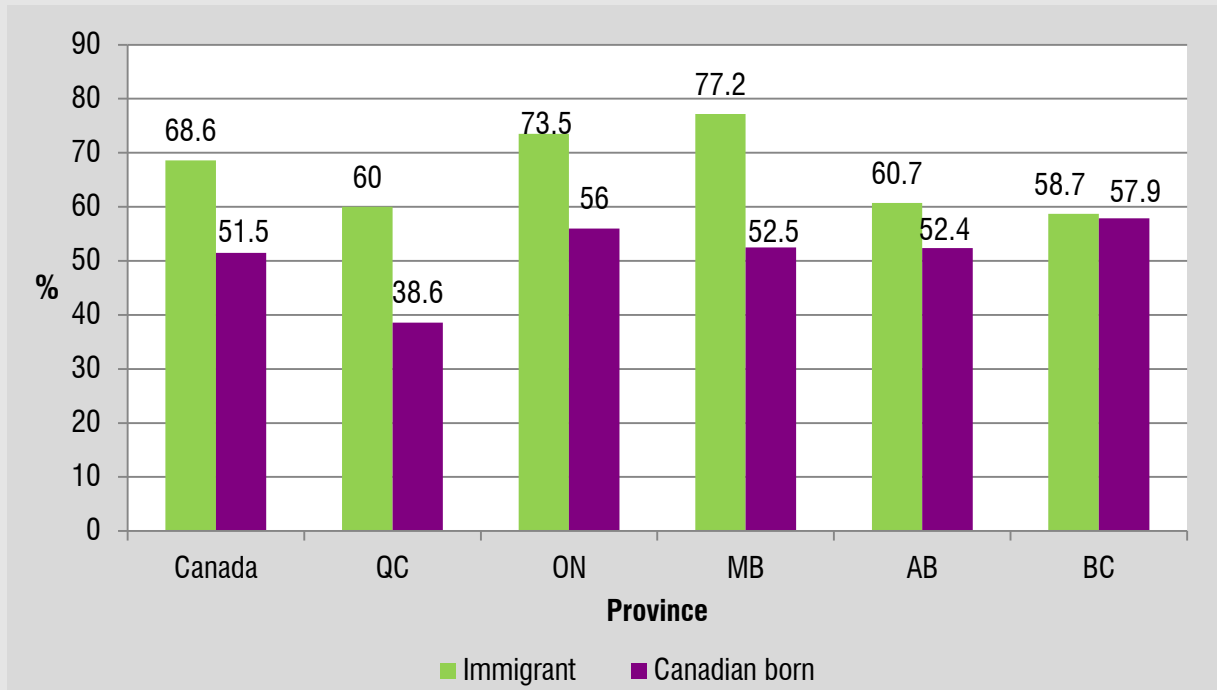


The Health of Canada's Children and Youth: A CICH Profile

Health Profile on Immigrant and Refugee Children and Youth in Canada

Section 2 – General Health Status of Immigrant Children and Youth

2.4.7 Proportion of Youth 12 to 19 Years of Age Who Report They Eat Fruits and Vegetables at Least 5 Times a Day, by Province* and Immigrant Status, Canada, 2011-2012



* Sample size too small to release for the remaining provinces and territories.; † This is a marginal estimate that must be interpreted with caution; Graphic created by CICH using data from the Canadian Community Health Survey, 2011-2012, CICH Analysis on Public Use Microdata File.

Less than half of Canadian children and youth report that they eat fruits and vegetables at least five times a day. Canadian born youth are somewhat more likely than immigrant youth to do so – 42% compared with 36%. Immigrant children and youth living in Québec are more likely to eat fruits and vegetables at least five times a day than are children and youth in other parts of Canada.

