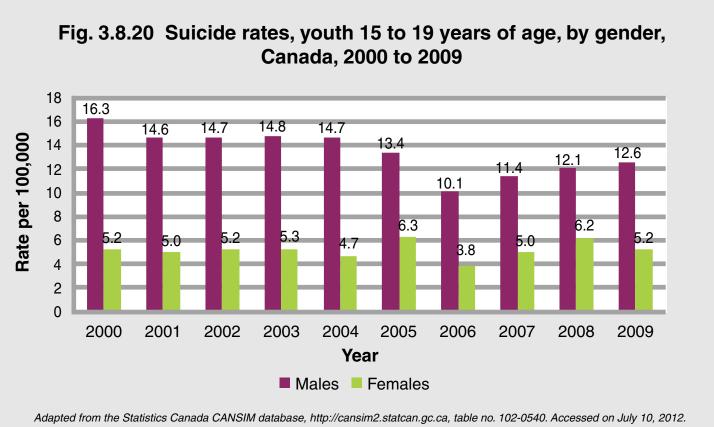


The Health of Canada's Children and Youth: A CICH Profile **Contextual Module**

Section 3 - Health Outcomes

3.8.20 Mental Health



In Canada, suicide is among the top causes of death for youth and young adults. For males 15 to 19 years of age, there was a 23% decline in the suicide rate between 2000 and 2009. For females, the suicide rate remained relatively stable over this period.

Implications

Young women attempt suicide more often than young men; however, young men succeed more often than young women.¹ Poor mental health has a significant impact on the overall health and well-being of Canadian youth and young adults and can lead to tragic outcomes in this age group.2

¹ Canadian Institutes of Health Research (2005). Gender and Health. Accessed on May 28, 2012, at http://www.cihr-irsc.gc.ca/e/documents/gender_health_mpkit_2005_e.pdf.

² Government of Canada (2006). The Human Face of Mental Health and Mental Illness in Canada. Accessed on May 28, 2012, at http://www.phac-aspc.gc.ca/publicat/ human-humain06/pdf/human_face_e.pdf.