Asthma, a chronic inflammatory disorder of the airways, is one of the more prevalent chronic conditions in Canada.\(^1\) According to the 2009/10 Canadian Community Health Survey, 11.5% of youth 12 to 19 years of age were diagnosed with asthma by a health professional.


**Implications**

After cardiovascular disease (34%) and cancer (29%), chronic respiratory disease is responsible for the greatest proportion of chronic disease deaths in adults (4.3%) in Canada.\(^1\)