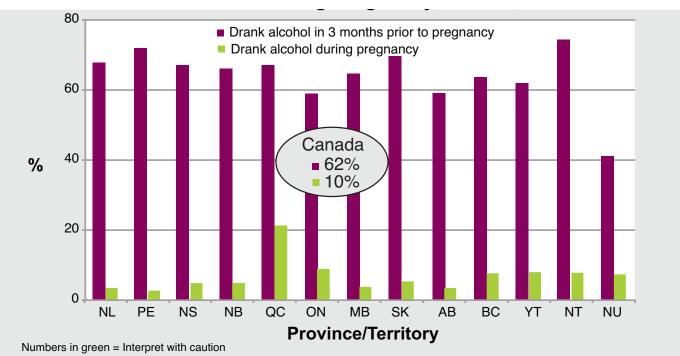


Section 6 - Alcohol: A Teratogen

6.1.4 Fetal Alcohol Spectrum Disorder – Alcohol Use During Pregnancy, Canada, 2009



Graphic created by CICH using data from the Public Health Agency of Canada. What Mothers Say: The Canadian Maternity Experiences Survey. Ottawa, 2009.

According to a national survey of new mothers, 62.4% of women reported drinking alcohol during the three months before their pregnancy. However, only 10.5% of women reported consuming alcohol during pregnancy, and that number varied by province and territory. Less than one percent (0.7%) of mothers reported drinking frequently. Furthermore, 11% indicated they had engaged in binge drinking before realizing they were pregnant.¹

¹ Public Health Agency of Canada. What Mothers Say: The Canadian Maternity Experiences Survey. Ottawa: Public Health Agency of Canada; 2009



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