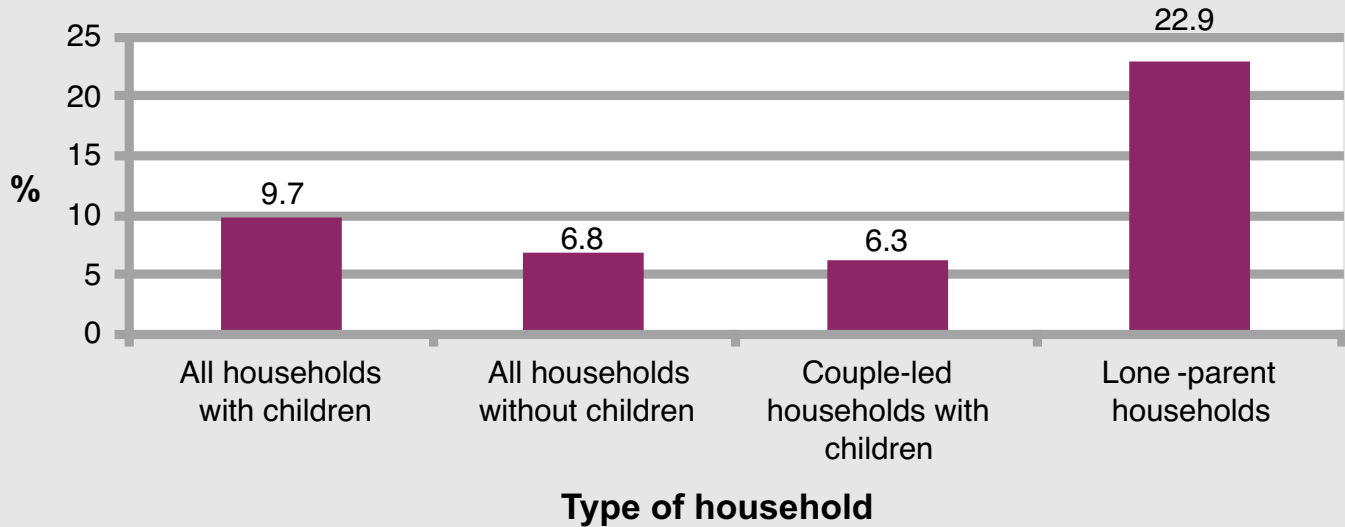




4.5.21 Food Security

Fig. 4.5.21 Household food insecurity by household composition, Canada, 2007–2008



Note: Data from this graph is from respondents who were moderately food insecure and severely food insecure. Moderately food insecure: indication of compromise in quality and/or quantity of food consumed. Severely food insecure: indication of reduced food intake and disrupted eating patterns.

Adapted from Health Canada, "Household Food Insecurity." <http://www.hc-sc.gc.ca/fn-an/surveill/nutrition/commun/insecurit/key-stats-cles-2007-2008-eng.php#a>, accessed on June 29, 2012.

In 2007–08, almost 10% of households with children reported that they had been uncertain of having, or being able to acquire, enough food to meet the needs of their family because they had insufficient money for food at some time or times during the year.¹ Lone-parent households were far more likely to worry about having enough food, with 22.9% of such families saying that was the case. Lone-parents were almost 4 times as likely as two-parent families to face food insecurity.

¹ Health Canada. "Household Food Insecurity." <http://www.hc-sc.gc.ca/fn-an/surveill/nutrition/commun/insecurit/key-stats-cles-2007-2008-eng.php#a>, accessed on June 29, 2012.

