

## The Health of Canada's Children and Youth: A CICH Profile Contextual Module

Section 1 - The Children and Youth of Canada

## 1.3.14 Urban and Rural Composition

Fig. 1.3.14 Percentage of the population living in urban centres, Canada, provinces and territories, 2006 58 NL Canada 45 PE NS 80% 56 Province/Territory 51 NB 80 QC ON 85 MB 65 SK AB 82 BC 85 ΥT 60 NT 43 NU 40 50 60 70 80 90 % Adapted from Statistics Canada, at http://www40.statcan.ca/l01/cst01/demo62a-eng.htm, accessed on November 28, 2011

In 2006, 80% of Canadians lived in urban centres. Urban living was most common in Ontario and British Columbia, where 85% of the population lived in urban centres. Urban living remained the dominant choice of people in many provinces and territories at 82% in Alberta, 80% in Québec, 72% in Manitoba, 65% in Saskatchewan, and 60% in the Yukon.

The Atlantic provinces were more closely divided between urban and rural living. In Newfoundland and Labrador, 58% of the population lived in an urban centre; in Nova Scotia, 56% lived in an urban centre. At 51% of its population living within an urban community, New Brunswick was the most evenly split between urban and rural living.

Prince Edward Island and Nunavut were the only exceptions to the national trend. The majority of their populations (65% and 67%, respectively) lived in rural rather than urban communities.

## **Implications**

Where Canadians live is trending toward urban sprawl. At the time of the 2006 Census, about 80% of Canadians lived in urban communities and many of those resided in or close to densely populated city centres. Large Canadian cities, such as Vancouver, Edmonton, Calgary, Winnipeg, Ottawa-Gatineau, Toronto and Montreal, have become more ethnically and culturally diversified compared to rural towns and villages because new immigrants to the country are choosing to live in urban centres.

